

## **SAVORY**

#### **CLASSIC BREAKFAST 27**

2 eggs any style, bacon, chicken sausage, toast, hash browns & fruit +Add side pancakes 12

# BEAR MOUNTAIN BREAKFAST POUTINE 30

2 poached eggs, potatoes, short ribs, mushrooms, tomatoes, cheese curd, hollandaise sauce

## **CROQUE MADAME 27**

Parma ham, Gruyère, sunny side egg, dijon, house mornay sauce on brioche

#### **AVOCADO TOAST VG 25**

Avocado, radish, ricotta, chimichurri

- + Add an egg 4
- + Add smoked salmon 8

#### SHAKSHUKA VG 25

2 poached eggs baked with peppers, onions, heirloom tomatoes, labneh, grilled pita

+Add merguez sausage 6

#### **SMOKED SALMON BENNY 25**

2 poached eggs on an English muffin, Nanuk wild sockeye, hollandaise, hash browns & fruit

#### **GRILLED CHICKEN CLUB 22**

Blackened chicken, bacon, tomato, lettuce, garlic aioli, cheddar cheese, filone bread +Add Side fries 7

#### **SIRLOIN BURGER 21**

Onion ring, cheddar, iceberg lettuce, tomatoes, pickles, thousand island +Add fries 7

## **JUICE & SMOOTHIES**

VG GF DF

FRESH ORANGE JUICE (10 OZ) 8

#### **GREEN APPLE & SPINACH 14**

Green apple, spinach, ginger syrup

### **BANANA & WALNUT 16**

Almond milk, banana, walnuts, vanilla protein

#### **TROPICAL SMOOTHIE 14**

Coconut water, pineapple, mango, lime juice

#### **DATE SHAKE 16**

Oat milk, mixed berries, dates

## COFFEE & TEA

STARBUCKS® DRIP COFFEE 6

**UMBRIA PREMIUM BREW 7** 

## **TRADITIONAL FRENCH PRESS 8**

(30 OZ) + Biscotti

**CAPPUCCINO 8 + Biscotti** 

CAFFE LATTE 8 + Biscotti

SINGLE ESPRESSO 7 + Biscotti

**DOUBLE ESPRESSO 10 + Biscotti** 

**AMERICANO 8** + Biscotti

**LONDON FOG 8** 

#### **TAZO® HOT TEA 7**

English breakfast, chai, camomile, earl grey, china green tips, wild sweet orange, mint

## **SWEET**

#### **GRANOLA PARFAIT VG 18**

House granola, seasonal berries, bee pollen

#### **BELGIAN SUGAR WAFFLE VG 27**

Vanilla cream & berries +Fried chicken 15

## **CHEESE PLATE 24**

Chef's selection of 3 local cheeses, crackers, honey, fruit

## ENHANCEMENTS

**SEASONAL FRUIT PLATE 16** 

**DOUBLE-SMOKED BACON 7** 

**SMOKED SALMON 8** 

**LOCAL CHICKEN SAUSAGE 8** 

ONE ORGANIC EGG 4 (ANY STYLE)

**HASH BROWN POTATOES VG 6** 

**HALF AVOCADO 5** 

#### **TOAST 6**

White, sourdough, whole wheat, multi-grain

**GF** Gluten free **DF** Dairy Free **VG** Vegetarian